

Seaman Invitational (October 2nd, 2021)
at Shawnee North Community Center
Lawrence High School Results

Varsity Boys Results (49 Runners) at 9:40 am | 61°

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2020	2019	2018	
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time	
Jack Ryan	05:11.8	05:15.8	10:27.6	05:58.3	16:25.9	05:17.3	3	15:51.3	15:51.3		17:12.9	NO RACE	17:06.1	**
Xavier Klish	05:36.2	05:55.1	11:31.3	06:32.7	18:04.0	05:48.9	16	17:40.0	17:40.0					
Keat Prescott	05:33.2	05:58.7	11:31.9	06:38.1	18:10.0	05:50.8	18	17:46.2	17:46.2		20:10.8	NO RACE	21:08.1	**
Jack Pfeifer	05:41.5	06:07.7	11:49.2	06:56.1	18:45.3	06:02.2	25	18:08.2	18:08.2		18:42.9			
Jesse Self	05:34.0	06:03.3	11:37.3	07:16.5	18:53.8	06:04.9	28	18:51.3	18:51.3		20:54.7			**
Diego Klish	05:36.8	06:23.7	12:00.5	07:08.9	19:09.4	06:10.0	31	17:35.5	17:35.5		18:51.2			
Aidan Zimney	05:56.3	06:20.1	12:16.4	07:00.2	19:16.6	06:12.3	33	19:38.7	19:38.7	PR/SB				
1 - Personal Record Time					** = improved over 2020 time						19:20.0	NO RACE	17:50.4	
1 - Season Best Time											03:41.8	NO RACE	01:21.8	
					18:03.8 = 1 - 5 team average									
					02:27.9 = 1 - 5 separation									

4th place with 86 points ('20 = 4th place with 114 points, '19 = NO RACE, '18 = 6th place with 152 points, '17 = 7th place with 153 points, '16 = 6th place with 174 points, '15 = 7th place with 186 points, '14 = 7th place with 170 points, '13 = 5th place with 127 points, '12 = 6th place with 138 points, '11 = 5th place with 112 points, '10 = 1st place with 58 points, '09 = 1st place with 43 points, '08 = 2nd place with 50 points, '07 = 3rd place with 102 points, & '06 = 2nd place with 67 points)

Varsity Boys

Score	Team	Points
1	Washburn Rural	49
2	Seaman	63
3	Shawnee Heights	63
4	Lawrence	86
5	Leavenworth	123
6	Topeka High	140

Junior Varsity Boys

Score	Team	Points
1	Washburn Rural	27
2	Lawrence	67
3	Topeka West	75
4	Shawnee Heights	83
5	Seaman	110

Seaman Invitational (October 2nd, 2021)
at Shawnee North Community Center
Lawrence High School Results

Junior Varsity Boys Results (78 Runners) at 11:00 am | 64°

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2020	2019	2018	
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time	
Daniel Phalen	06:10.5	06:20.0	12:30.5	07:20.9	19:51.4	06:23.5	10	19:16.4	20:20.6	SB	20:32.1			**
Leigham Alexander	06:14.9	06:32.9	12:47.8	07:17.7	20:05.5	06:28.0	12	20:16.3	20:16.3	PR/SB				
Winton Anderson	06:10.3	06:34.1	12:44.4	07:21.3	20:05.7	06:28.1	13	19:53.5	19:53.5		21:02.8			**
Francis Alexander	06:12.0	06:32.7	12:44.7	07:21.6	20:06.3	06:28.3	15	20:13.3	20:13.3	PR/SB				
Jonathan Spoula	06:13.6	06:35.7	12:49.3	07:31.5	20:20.8	06:32.9	17	19:55.8	19:55.8		DNR	NO RACE		**
Marcos Lepage	06:25.1	06:43.8	13:08.9	07:31.9	20:40.8	06:39.4	22	20:58.9	20:58.9	PR/SB	22:07.8	NO RACE	21:27.7	**
Reed Parker-Timms	06:57.8	07:10.6	14:08.4	07:49.0	21:57.4	07:04.0	36	21:11.4	21:51.1			NO RACE	22:02.4	
Desi Franz	07:09.8	07:11.4	14:21.2	08:00.4	22:21.6	07:11.8	46	22:52.6	22:52.6	PR/SB				
Trevor Johnson	07:09.4	07:06.4	14:15.8	08:14.2	22:30.0	07:14.5	51	20:14.0	23:21.1	SB	23:36.5	NO RACE	20:44.1	**
Maddock Oberzan	07:00.3	07:19.7	14:20.0	08:12.0	22:32.0	07:15.2	52	22:28.8	23:13.0	SB	22:45.7			**
Sebastian Ortiz	07:12.2	07:28.5	14:40.7	08:38.7	23:19.4	07:30.4	56	23:35.6	23:35.6	PR/SB				
Hayden Thornton	07:13.2	07:23.4	14:36.6	08:44.7	23:21.3	07:31.0	57	23:44.1	23:44.1	PR/SB				
Bryce Girard	07:32.4	07:42.8	15:15.2	08:40.1	23:55.3	07:42.0	59	22:33.9	22:33.9					

6 - Personal Record Time

** = improved over 2020 time

* JV Boys had a 29.4 second spread!

9 - Season Best Time

2nd place with 67 points ('20 = 3rd place with 74 points, '19 = NO RACE, '18 = 4th place with 99 points, '17 = 6th place with 167 points, '16 = 3rd place with 91 points, '15 = 4th place with 95 points, '14 = 7th place with 217 points, '13 = No Place with No Points, '12 = 4th place with 103 points, '11 = 4th place with 112 points, '10 = 3rd place with 105 points, '09 = 1st place with 19 points, '08 = 1st place with 27 points, '07 = 3rd place with 96 points, & '06 = 5th place with 119 points)