

Sunflower League Championships (October 13th, 2017)
at Rim Rock Farm
Lawrence High School Results

Varsity Girls Results (101 Runners) at 11:00 am

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2016	2015	2014
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	
Sophie Dewitt	06:21.7	07:14.0	13:35.7	08:10.3	21:46.0	07:00.4	37	21:19.6	21:19.6				
Lacey Greenfield	06:53.2	07:56.5	14:49.7	08:53.3	23:43.0	07:38.0	80	22:42.1	22:42.1		25:17.0	23:48.8	19:58.1*
Jayden Wilson	06:57.2	08:01.7	14:58.9	09:14.0	24:12.9	07:47.6	91	23:25.2	23:25.2				
Tory Hamon	07:10.1	08:03.0	15:13.1	09:00.9	24:14.0	07:48.0	92	24:15.5	24:15.5	PR/SB			
Piper Leitch	07:09.4	08:12.5	15:21.9	09:06.5	24:28.4	07:52.6	93	23:51.7	23:51.7				
Leslie Ostronic	07:22.7	08:23.8	15:46.5	09:30.7	25:17.2	08:08.3	97	21:31.5	23:16.1		22:56.3		
Layne Prescott	07:00.5	08:39.0	15:39.5	10:23.0	26:02.5	08:22.9	100	22:38.0	22:45.1		23:33.7	23:09.6	
Evann Seratte	06:20.9	08:11.1	14:32.0		DNF			20:46.9	20:46.9				

1 - Personal Record Time

1 - Season Best Time

13th place with 353 points ('16 = 10th place with 266 points, '15 = 11th place with 300 points, '14 = 12th place with 375 points, '13 = 12th place with 340 points, '12 = 6th place with 133 points, '11 = 8th place with 178 points, '10 = 6th place with 171 points, '09 = 7th place with 157 points, '08 = 11th place with 295 points, '07 = 8th with 169 points, & '06 = 2nd place with 86 points)

*"Sometimes the moments that challenge us the most,
define us."*

- Deena Kastor

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Lawrence High School Results

Junior Varsity Girls Results (63 Runners) at 10:00 am

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2016	2015
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time
Jocelyn Wilson	07:45.1	08:16.4	16:01.5	09:09.5	25:11.0	08:06.3	29	25:05.5	25:05.5			
Riley Unekis	07:46.8	08:25.8	16:12.6	08:58.9	25:11.5	08:06.5	31	25:12.9	25:12.9	PR/SB		
Leah Marett	08:04.9	08:38.5	16:43.4	09:38.3	26:21.7	08:29.1	48	25:26.1	26:28.1	SB	26:03.8	26:27.7
Emma Howard	08:15.0	08:57.9	17:12.9	10:11.1	27:24.0	08:49.2	54	26:24.2	26:24.2			
Halle Marett	07:59.2	09:08.9	17:08.1	10:25.9	27:34.0	08:52.4	58	26:00.1	28:06.8	SB	26:00.1	
Harriette Perkins	08:19.6	09:19.1	17:38.7	10:12.4	27:51.1	08:57.9	60	27:34.4	27:34.4			
Quinn Muller	08:12.9	09:38.7	17:51.6	11:18.4	29:10.0	09:23.3	63	27:01.9	27:01.9			

1 - Personal Record Time

3 - Season Best Time

7th place with 196 points ('16 = 7th place with 195 points, '15 = 10th place with 247 points, '14 = 8th place with 232 points, '13 = 9th place with 276 points, '12 = 5th place with 145 points, '11 = 7th place with 213 points, '10 = 7th place with 187 points, '09 = 8th place with 270 points, '08 = 8th place with 190 points, '07 = 2nd place with 62 points, & '06 = 3rd place with 78 points)

C Team Girls Results (111 Runners) at 12:00 am

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2016	2015
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time
Rachel Krambeer	08:41.2	11:04.9	19:46.1	11:23.9	31:10.0	10:01.9	79	28:52.0	28:52.0			
AJ Holder	09:12.6	10:43.5	19:56.1	12:09.2	32:05.3	10:19.7	88	31:03.6	31:34.0		32:33.3	32:46.0
McKenna White	09:02.8	12:03.0	21:05.8	13:24.1	34:29.9	11:06.2	104	32:01.7	32:01.7		32:43.0	
McKenzie Stevens	10:17.6	12:50.9	23:08.5	14:33.0	37:41.5	12:07.9	110	32:30.2	36:23.0			
Sydney Hawley	10:26.1	13:37.5	24:03.6	14:31.7	38:35.3	12:25.2	111	35:22.0	35:22.0			

0 - Personal Record Time

0 - Season Best Time

10th place with 288 points ('16 = 11th place with 273 points, '15 = No Score, '14 = No Score, '13 = No Score, '12 = 6th place with 200 points, '11 = 7th place with 238 points, '10 = 9th place with 262 points, '09 = No Score, '08 = 7th place with 201 points, '07 = 3rd place with 84 points, & '06 = 6th place with 161 points)

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Varsity Girl's

Score	Team	Points
1	SM North	36
2	Olathe North	40
3	SM South	116
4	SM East	135
5	Free State	156
6	Olathe Northwest	174
7	SM West	196
8	Olathe East	197
9	Gardner Edgerton	211
10	SM Northwest	218
11	Olathe South	273
12	Leavenworth	288
13	Lawrence	353

Junior Varsity Girl's

Score	Team	Points
1	Olathe North	44
2	Free State	61
3	SM North	84
4	Olathe East	92
5	SM South	106
6	SM East	115
7	Lawrence	196
8	Olathe Northwest	201
9	Gardner Edgerton	221

C Team Girl's

Score	Team	Points
1	Free State	16
2	Olathe East	74
3	SM South	87
4	SM Northwest	108
5	SM North	148
6	SM East	187
7	Leavenworth	193
8	Olathe South	208
9	Olathe North	217
10	Lawrence	288