

Manhattan Invitational Cross Country Meet (September 2nd, 2023)
at Warner Park
Lawrence High School Results

Varsity Boys Results (62 Runners) at 9:15 am | 79°

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2022	2021	2020	
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time	
Xavier Klish	04:52.8	05:53.0	10:45.8	06:34.9	17:20.7	05:35.0	7	17:02.3	xxxxxxxxxx	SB	17:29.7	18:44.4		**
Oliver Schwartz	05:00.4	06:00.9	11:01.3	06:22.1	17:23.4	05:35.8	8	xxxxxxxxxx	xxxxxxxxxx	PR/SB				
Francis Alexander	05:27.0	06:33.5	12:00.5	07:01.7	19:02.2	06:07.6	34	18:40.2	xxxxxxxxxx	SB	19:31.9	20:43.2		**
Leigham Alexander	05:33.8	06:39.5	12:13.3	07:11.4	19:24.7	06:14.9	37	19:06.4	xxxxxxxxxx	SB	19:51.9	20:54.8		**
Brayden Rowland	05:35.2	06:43.7	12:18.9	07:26.3	19:45.2	06:21.5	44	xxxxxxxxxx	xxxxxxxxxx	PR/SB				
Danny Phalen	05:29.7	06:58.4	12:28.1	07:29.1	19:57.2	06:25.3	52	19:16.4	xxxxxxxxxx	SB	DNR	21:56.0		**
Hayden Thornton	05:33.4	06:57.6	12:31.0	07:54.0	20:25.0	06:34.3	58	19:34.4	xxxxxxxxxx	SB	21:26.6	*19:35.9		**
2 - Personal Record Time	* = 4 Km Time				18:35.2	= 1 - 5 team average					18:58.0	18:09.7		**
5 - Season Best Time	** = improved over 2022 time				02:24.5	= 1 - 5 separation								

5th place with 112 points ('22 = 7th place with 143 points, '21 = 6th place with 143 points, '19 = 6th place with 148 points, '18 = 7th place with 164 points, '17 = 9th place with 192 points, '16 = 4th place with 137 points, '15 = 7th place with 187 points, '14 = 7th place with 169 points, '13 = 6th place with 144 points, '12 = 5th place with 121 points, '11 = 1st place with 31 points, '10 = 1st place with 67 points, '09 = 1st place with 51 points, '08 = 2nd place with 101 points, '07 = 4th place with 98 points, & '06 = 4th place with 114 points)

Junior Varsity Boys Results (70 Runners) at 8:15 am | 70°

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2022	2021	2020	
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time	
Conner Popp	05:18.8	06:55.4	12:14.2	07:18.4	19:32.6	06:17.4	23	19:23.2	xxxxxxxxxx	SB	19:59.6			**
Tyler Urban	05:48.3	07:12.6	13:00.9	07:15.8	20:16.7	06:31.6	40	xxxxxxxxxx	xxxxxxxxxx	PR/SB				
Paul Radley	05:45.8	07:01.4	12:47.2	07:38.4	20:25.6	06:34.5	42	21:11.5	xxxxxxxxxx	PR/SB	*19:32.3			**
River Cunningham	05:30.2	07:28.9	12:59.1	07:49.3	20:48.4	06:41.8	43	xxxxxxxxxx	xxxxxxxxxx	PR/SB				
Jake Oldfather	06:00.5	07:05.8	13:06.3	07:43.6	20:49.9	06:42.3	44	20:53.5	xxxxxxxxxx	PR/SB	21:06.9			**
Freya Girard	05:56.7	07:14.0	13:10.7	07:43.4	20:54.1	06:43.7	46	20:11.6	xxxxxxxxxx	SB				
Isaac Outka	05:46.1	07:24.7	13:10.8	07:47.0	20:57.8	06:44.8	48	19:48.6	xxxxxxxxxx	SB	21:05.6	20:32.5		**
4 - Personal Record Time	* = 4 Km Time													
3 - Season Best Time	** = improved over 2022 time													

6th place with 176 points ('22 = 6th place with 174 points, '21 = 6th place with 161 points, '19 = 5th place with 145 points, '18 = 5th place with 127 points, '17 = 9th place with 224 points, '16 = 3rd place with 94 points, '15 = 5th place with 113 points, '14 = 5th place with 131 points, '13 = 2nd place with 50 points, '12 = 5th place with 152 points, '11 = 4th place with 134 points, '10 = 4th place with 131 points, '09 = 1st place with 21 points, '08 = 3rd with 89 points, '07 = 4th place with 96 points, & '06 = 3rd place with 100 points)

Manhattan Invitational Cross Country Meet (September 2nd, 2023)
at Warner Park
Lawrence High School Results

C Team Boys Results (79 Runners) at 8:45 am | 76°

4 Km	Mile 1	2nd	Mile 2	.5 mi	Finish	Average		PR	SB		2022	2021	2020	5k Projected
Name	Time	Split	Time	Split	Time	Time/mi	Place	5k Time	5k Time	PR/SB	Time	Time	Time	Time
Garrett Rhea	05:55.2	07:06.9	13:02.1	03:18.1	16:20.2	06:34.4	7	xxxxxxxxxx	xxxxxxxxxx					20:25.3
Lawson Donly	06:25.8	07:17.2	13:43.0	03:18.5	17:01.5	06:51.0	17	xxxxxxxxxx	xxxxxxxxxx					21:16.9
Ky Smith	06:31.1	08:22.7	14:53.8	03:47.4	18:41.2	07:31.1	44	24:32.9	xxxxxxxxxx		*21:32.3			23:21.5
Lucas Crow Eagle	06:33.1	08:43.5	15:16.6	03:55.7	19:12.3	07:43.6	50	xxxxxxxxxx	xxxxxxxxxx					24:00.4
Torin Yung	07:16.7	09:15.1	16:31.8	03:56.7	20:28.5	08:14.3	67	xxxxxxxxxx	xxxxxxxxxx					25:35.6
Tristan Allen	06:54.2	09:55.0	16:49.2	04:17.0	21:06.2	08:29.4	70	xxxxxxxxxx	xxxxxxxxxx					26:22.8
Payton Goodman Thunder	07:45.0	09:21.5	17:06.5	05:05.9	22:12.4	08:56.1	73	xxxxxxxxxx	xxxxxxxxxx					27:45.5

xx - Personal Record Time

* = 4 Km Time

xx - Season Best Time

** = improved over 2022 time

5th place with 142 points ('22 = 7th place with 164 points, '21 = 7th place with 164 points, '19 = 4th place with 114 points, '18 = 7th place with 183 points, '17 = RACE CANCELLED, '16 = 2nd place with 46 points, '15 = 4th place with 90 points, '14 = 5th place with 118 points, '13 = 6th place with 167 points, '12 = 5th place with 126 points, '11 = 7th place with 167 points, '10 = 4th place with 115 points, '09 = 5th place with 154 points, & '08 = 3rd with 89 points)

Varsity Boys

Score	Team	Points
1	Manhattan	36
2	Junction City	72
3	Wamego	80
4	Topeka Seaman	93
5	Lawrence	112
6	Olathe Northwest	138
7	Topeka West	143
8	Topeka High	205
xx	Valley Center	inc.
xx	Flint Hills Christian	inc.
xx	Emporia	inc.

Junior Varsity Boys

Score	Team	Points
1	Manhattan	29
2	Junction City	62
3	Olathe Northwest	87
4	Wamego	89
5	Valley Center	131
6	Lawrence	176
7	Topeka Seaman	185
8	Emporia	233
9	Topeka West	262
10	Topeka High	284
xx	Topeka Highland Park	inc.

C Team Boys

Score	Team	Points
1	Manhattan	22
2	Junction City	92
3	Wamego	98
4	Valley Center	129
5	Lawrence	142
6	Topeka Seaman	158
7	Flint Hills Christian	158
8	Olathe Northwest	165
9	Emporia	204