

Manhattan Invitational Cross Country Meet (September 3, 2022)
at Warner Park
Lawrence High School Results

Varsity Girls Results (57 Runners) at 9:45 am | 75°

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2021	2020	2019	
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time	
Lucy Hardy	05:57.1	07:06.5	13:03.6	07:39.9	20:43.5	06:40.2	4	20:04.0	xxxxxxxxxx	SB	20:50.1	NO RACE	22:22.2	**
Natalie Kennedy	06:04.6	07:13.8	13:18.4	07:40.9	20:59.3	06:45.3	7	19:35.7	xxxxxxxxxx	SB	20:19.8	NO RACE	20:14.7*	
Emma Roman Nose	06:03.6	07:26.3	13:29.9	07:43.8	21:13.7	06:50.0	9	20:06.4	xxxxxxxxxx	SB	21:21.7			**
Andie Garrett	06:28.4	07:37.6	14:06.0	08:27.6	22:33.6	07:15.7	23	xxxxxxxxxx	xxxxxxxxxx	PR/SB				
Cyrenity Hardy-Billy	06:14.9	08:06.1	14:21.0	08:27.1	22:48.1	07:20.3	28	21:07.8	xxxxxxxxxx	SB	22:57.2	NO RACE		**

1 - Personal Record Time	* = 4 Km Time	21:39.6	= 1 - 5 team average
4 - Season Best Time	** = improved over 2021 time	02:04.6	= 1 - 5 separation

1st place with 56 points ('21 = 4th place with 108 points, '19 = 5th place with 105 points, '18 = 3rd place with 123 points, '17 = 6th place with 145 points, '16 = 6th place with 125 points, '15 = 6th place with 155 points, '14 = 9th place with 185 points, '13 = 4th place with 117 points, '12 = 1st place with 51 points, '11 = 5th place with 134 points, '10 = 7th place with 154 points, '09 = 5th place with 100 points, '08 = 5th place with 138 points, '07 = 4th place with 109 points, & '06 = 4th place with 75 points)

Varsity Girls

Place	Team	Score
1	Lawrence	56
2	Topeka Seaman	58
3	Manhattan	79
4	Junction City	81
5	Olathe Northwest	95
6	Wamego	135
7	Leavenworth	167
xx	Salina Central	inc.
xx	Emporia	inc.
xx	Valley Center	inc.
xx	Topeka High	inc.

Junior Varsity Girls

Place	Team	Score
1	Manhattan	30
2	Olathe Northwest	59
3	Emporia	62
4	Valley Center	87
5	Junction City	160
6	Lawrence	170
7	Leavenworth	188
xx	Flint Hills Christian	inc.
xx	Topeka West	inc.
xx	Topeka Seaman	inc.
xx	Wamego	inc.
xx	Salina Central	inc.
xx	Topeka Highland Park	inc.

Manhattan Invitational Cross Country Meet (September 3, 2022)
 at Warner Park
 Lawrence High School Results

Junior Varsity/C Team Girls Results (75 Runners) at 8:45 am | 72°

														5k
4 Km	Mile 1	2nd	Mile 2	.5 mi	Finish	Average		PR	SB		2021	2020	2019	Projected
Name	Time	Split	Time	Split	Time	Time/mi	Place	5k Time	5k Time	PR/SB	Time	Time	Time	Time
Juliet Outka	06:56.1	08:43.6	15:39.7	03:52.1	19:31.8	07:51.5	22	xxxxxxxxxx	xxxxxxxxxx					24:24.8
Noelle Fisher	07:31.6	09:24.5	16:56.1	04:31.4	21:27.5	08:38.0	41	xxxxxxxxxx	xxxxxxxxxx					26:49.4
Magdalene Ortiz	07:34.3	10:23.3	17:57.6	04:36.4	22:34.0	09:04.8	50	xxxxxxxxxx	xxxxxxxxxx					28:12.5
Sara Bointy	07:27.5	10:31.8	17:59.3	04:53.9	22:53.2	09:12.5	53	xxxxxxxxxx	xxxxxxxxxx					28:36.5
Ashlei Stafford	09:18.1	13:05.9	22:24.0	05:33.8	27:57.8	11:15.0	71	27:18.5	xxxxxxxxxx		23:17.5*	NO RACE		34:57.3

xx - Personal Record Time

* = 4 Km Time

xx - Season Best Time

** = improved over 2021 time

6th place with 170 points ('21 = 5th place with 130 points, '19 = 3rd place with 104 points, '18 = 6th place with 158 points, '17 = 10th place with 225 points, '16 = 5th place with 131 points, '15 = 6th place with 159 points, '14 = 5th place with 168 points, '13 = 7th place with 162 points, '12 = 4th place with 124 points, '11 = 3rd place with 97 points, '10 = 7th place with 157 points, '09 = 7th place with 191 points, '08 = 4th place with 131 points, '07 = 4th place with 108 points, & '06 = 5th place with 108 points)