

Sunflower League Cross Country Championships (October 14th, 2023)
at Rim Rock Farm
Lawrence High School Results

Varsity Girls Results (94 Runners) at 10:00 am | 53°

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2022	2021	2020	
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time	
* Emma Roman Nose	06:05.1	07:07.0	13:12.1	07:56.6	21:08.7	06:48.4	46	20:01.3	20:16.1		20:55.9	20:47.5		
Andie Garrett	06:14.6	07:15.7	13:30.3	07:59.1	21:29.4	06:55.0	56	21:10.6	21:10.6					
* Cyrenity Hardy-Billy	06:18.3	07:13.6	13:31.9	08:10.8	21:42.7	06:59.3	59	21:07.8	22:12.5	SB	23:22.2	22:38.8	21:07.8	**
Juliet Outka	06:54.3	07:19.3	14:13.6	07:57.4	22:11.0	07:08.4	72	22:24.7	22:24.7	PR/SB	24:27.2			**
Kylee Chee	06:59.8	07:52.4	14:52.2	09:06.1	23:58.3	07:42.9	91	23:45.2	23:45.2					
* Isabel Klish	07:01.9	08:17.6	15:19.5	09:03.4	24:22.9	07:50.9	92	22:44.0	22:56.6		23:30.1	23:45.6		
1 - Personal Record Time	* = senior				22:06.0	= 1 - 5 team average					22:02.8	21:25.0	20:55.3	
1 - Season Best Time	** = improved over 2022 time				02:49.6	= 1 - 5 separation					02:34.2	02:30.7	01:05.5	

12th place with 305 points ('22 = 12th place with 287 points, '21 = 11th place with 235 points, '20 = 10th place with 248 points, '19 = 7th place with 184 points, '18 = 11th place with 303 points, '17 = 13th place with 353 points, '16 = 10th place with 266 points, '15 = 11th place with 300 points, '14 = 12th place with 375 points, '13 = 12th place with 340 points, '12 = 6th place with 133 points, '11 = 8th place with 178 points, '10 = 6th place with 171 points, '09 = 7th place with 157 points, '08 = 11th place with 295 points, '07 = 8th with 169 points, & '06 = 2nd place with 86 points)

Varsity Girls

Score	Team	Points
1	Olathe West	41
2	Olathe North	70
3	SM East	113
4	Olathe South	116
5	Mill Valley	139
6	Gardner-Edgerton	143
7	Olathe Northwest	185
8	Olathe East	191
9	Free State	213
10	SM Northwest	270
11	SM North	301
12	Lawrence	305
13	SM South	349
xx	SM West	(inc.)
Regional Teams		

Sunflower League Cross Country Championships (October 14th, 2023)
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C Team Girls Results (78 Runners) at 11:00 am | 53°

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2022	2021	2020
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time
Hayley Swart	07:55.9	08:18.2	16:14.1	08:29.3	24:43.4	07:57.5	7	25:55.3	25:55.3	PR/SB			
* Sara Bointy	07:37.9	08:11.4	15:49.3	08:55.2	24:44.5	07:57.8	8	24:22.7	24:22.7		24:34.5		
Nyasia Ramos	07:45.5	08:26.5	16:12.0	08:54.3	25:06.3	08:04.8	16	24:41.7	24:53.7		25:32.0		**
Magdalene Ortiz	07:48.5	08:37.1	16:25.6	08:54.1	25:19.7	08:09.1	20	25:12.3	25:12.3		26:46.5		**
Adelaide Chaney	07:51.4	08:36.0	16:27.4	09:08.8	25:36.2	08:14.5	23	25:08.1	25:08.1				
* Alicia Jaimez-Padilla	08:07.6	09:09.2	17:16.8	08:57.1	26:13.9	08:26.6	37	27:27.4	27:27.4	PR/SB			
Natalya Jaimez-Padilla	08:27.1	09:10.3	17:37.4	10:04.6	27:42.0	08:54.9	53	29:03.7	29:03.7	PR/SB			

3 - Personal Record Time

* = senior

0 - Season Best Time

** = improved over 2022 time

3rd Place with 74 Points ('22 = 4th place with 117 points, '21 = No Team Score, '20 = No Team, '19 = No Team, '18 = No Team Score, '17 = 10th place with 288 points, '16 = 11th place with 273 points, '15 = No Team Score, '14 = No Team Score, '13 = No Team Score, '12 = 6th place with 200 points, '11 = 7th place with 238 points, '10 = 9th place with 262 points, '09 = No Score, '08 = 7th place with 201 points, '07 = 3rd place with 84 points, & '06 = 6th place with 161 points)

C Team Girls

Score	Team	Points
1	Mill Valley	38
2	Olathe South	40
3	Lawrence	74
4	Free State	115
5	Gardner-Edgerton	129
6	SM Northwest	158
7	SM East	177
8	Olathe North	196
9	SM South	206
xx	SM West	(inc.)
xx	Olathe West	(inc.)