

Manhattan Invitational Cross Country Meet (Sept. 7)
at Warner Park
Lawrence High School Results

Varsity Boys Results (65 Runners) at 9:30 am | 72°

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2018	2017	2016	
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time	
Jack Ryan	04:52.2	05:59.4	10:51.6	06:11.8	17:03.4	05:29.4	4	17:06.1	17:55.7	PR/SB	18:02.5			**
Lucas Holmberg	05:15.8	06:31.3	11:47.1	06:48.7	18:35.8	05:59.1	27	19:43.9	19:43.9	PR/SB				
Eli Marburger	05:31.1	06:41.8	12:12.9	06:53.3	19:06.2	06:08.9	38	20:42.5	20:42.5	PR/SB				
Reese White Lightning	05:35.2	06:38.9	12:14.1	06:55.0	19:09.1	06:09.9	39	21:15.1	21:19.2	PR/SB	NT	NT		**
Jack Pfeifer	05:29.0	06:48.7	12:17.7	07:11.8	19:29.5	06:16.4	44	20:39.9	20:39.9	PR/SB				
Connor Bewley	05:29.0	07:13.2	12:42.2	07:12.0	19:54.2	06:24.4	51	19:25.4	20:55.9	SB	23:17.7	22:50.9	20:25.2*	**
Daylon Heck	05:40.9	07:10.3	12:51.2	07:31.0	20:22.2	06:33.4	53	19:06.2	21:09.9	SB	20:52.7			**

5 - Personal Record Time * = 4 Km Time

7 - Season Best Time ** = improved over 2018 time

6th place with 148 points ('18 = 7th place with 164 points, '17 = 9th place with 192 points, '16 = 4th place with 137 points, '15 = 7th place with 187 points, '14 = 7th place with 169 points, '13 = 6th place with 144 points, '12 = 5th place with 121 points, '11 = 1st place with 31 points, '10 = 1st place with 67 points, '09 = 1st place with 51 points, '08 = 2nd place with 101 points, '07 = 4th place with 98 points, & '06 = 4th place with 114 points)

Junior Varsity Boys Results (85 Runners) at 8:30 am | 68°

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2018	2017	2016	
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time	
Keat Prescott	05:48.3	06:51.0	12:39.3	07:07.2	19:46.5	06:21.9	14	20:58.5	21:52.7	PR/SB	22:22.4			**
Julian Christensen	05:57.2	07:00.1	12:57.3	07:21.6	20:18.9	06:32.3	27	21:55.6	21:55.6	PR/SB				
Arlo Paden	06:15.7	07:08.1	13:23.8	07:09.0	20:32.8	06:36.8	34	21:12.7	21:12.7	PR/SB				
Will Leuschen	06:17.6	07:03.0	13:20.6	07:46.6	21:07.2	06:47.9	43	23:51.0	23:51.0	PR/SB				
Dominic Ostronic	06:27.2	07:20.3	13:47.5	07:23.7	21:11.2	06:49.2	44	23:36.7	23:36.7	PR/SB				
Clark Hall	06:00.6	07:17.8	13:18.4	07:53.3	21:11.7	06:49.3	45	23:14.4	23:14.4	PR/SB				
Griffin Northrop	06:31.0	07:18.2	13:49.2	07:46.8	21:36.0	06:57.1	52	22:51.6	22:51.6	PR/SB				
Trevor Arellano	05:57.7	07:40.4	13:38.1	08:09.3	21:47.4	07:00.8	56	20:34.2	22:37.0	SB	18:07.0*	21:13.8	19:01.4*	**

7 - Personal Record Time * = 4 Km Time

8 - Season Best Time ** = improved over 2018 time

5th place with 145 points ('18 = 5th place with 127 points, '17 = 9th place with 224 points, '16 = 3rd place with 94 points, '15 = 5th place with 113 points, '14 = 5th place with 131 points, '13 = 2nd place with 50 points, '12 = 5th place with 152 points, '11 = 4th place with 134 points, '10 = 4th place with 131 points, '09 = 1st place with 21 points, '08 = 3rd with 89 points, '07 = 4th place with 96 points, & '06 = 3rd place with 100 points)

**Manhattan Invitational Cross Country Meet (Sept. 7)
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C Team Boys Results (102 Runners) at 10:30 am | 76°

													5k	
4 Km	Mile 1	2nd	Mile 2	.5 mi	Finish	Average		PR	SB		2018	2017	Projected	
Name	Time	Split	Time	Split	Time	Time/mi	Place	5k Time	5k Time	PR/SB	Time	Time	Time	
Trevor Johnson	06:08.1	07:41.1	13:49.2	03:29.3	17:18.5	06:57.8	22	20:44.1	NT		19:05.4*		21:54.6	**
Elijah Eklund	06:20.7	07:36.6	13:57.3	03:29.2	17:26.5	07:01.0	25	18:56.4	24:09.8		21:17.0	20:25.5	22:05.4	
Sam Mandigo	06:20.1	07:58.6	14:18.7	03:34.4	17:53.1	07:11.7	31	18:59.5	25:39.2		20:40.1		22:39.6	
Reed Parker-Timms	06:26.5	07:58.5	14:25.0	03:31.8	17:56.8	07:13.2	32	22:02.4	25:12.6				22:43.2	
Pearse Long	07:00.1	08:03.7	15:03.8	03:32.0	18:35.8	07:28.9	42	25:18.7	NT		21:06.7*		23:32.4	**
Jonathan Spoula	06:36.8	08:15.1	14:51.9	04:00.1	18:52.0	07:35.4	46	27:27.5	27:27.5				23:54.0	
Marcos Lepage	06:38.8	08:20.6	14:59.4	03:57.8	18:57.2	07:37.5	50	21:27.7	25:48.8		22:58.5		24:00.6	
Abdullah Ahmed	07:01.7	08:28.5	15:30.2	04:03.5	19:33.7	07:52.2	65	24:26.0	28:16.9		22:53.3*		24:46.2	**
Henry DeWitt	07:08.2	08:54.4	16:02.6	04:02.3	20:04.9	08:04.8	74	21:53.0	26:48.9		20:11.3*		25:25.2	**
Maddock Oberzan	07:10.9	08:42.4	15:53.3	04:15.2	20:08.5	08:06.2	75	28:16.1	28:16.1				25:30.6	
Wyatt Pruitt	08:31.1	10:50.9	19:22.0	05:21.3	24:43.3	09:56.8	98	39:08.4	39:08.4				31:18.6	
Peyton Reder	08:49.0	12:17.6	21:06.6	05:38.6	26:45.2	10:45.8	101	38:47.3	38:47.3				33:53.4	
Ian Perkins	08:59.4	13:52.8	22:52.2	05:08.3	28:00.5	11:16.1	102	NT	NT				35:28.2	

xx - Personal Record Time * = 4 Km Time

xx - Season Best Time ** = improved over 2018 time

4th place with 114 points ('18 = 7th place with 183 points, '17 = RACE CANCELLED, '16 = 2nd place with 46 points, '15 = 4th place with 90 points,

'14 = 5th place with 118 points, '13 = 6th place with 167 points, '12 = 5th place with 126 points, '11 = 7th place with 167 points, '10 = 4th place with 115 points,

'09 = 5th place with 154 points, & '08 = 3rd with 89 points)

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Varsity Boys

Score	Team	Points
1	Manhattan	37
2	Gardner-Edgerton	56
3	Seaman	77
4	Emporia	85
5	Wamego	113
6	Lawrence	148
7	Valley Center	181
8	Salina Central	221
9	Leavenworth	250
xx	Junction City	inc.
xx	Topeka High	inc.
xx	Eisenhower	inc.

Junior Varsity Boys

Score	Team	Points
1	Manhattan	19
2	Gardner-Edgerton	68
3	Seaman	96
4	Emporia	108
5	Lawrence	145
6	Junction City	152
7	Topeka High	215
8	Wamego	237
9	Valley Center	251
10	Salina Central	282
xx	Leavenworth	inc.
xx	Highland Park	inc.

C Team Boys

Score	Team	Points
1	Manhattan	23
2	Gardner-Edgerton	51
3	Seaman	73
4	Lawrence	114
5	Emporia	133
6	Junction City	173
7	Valley Center	197
8	Leavenworth	237
xx	Flint Hills Christian	inc.