

Manhattan Invitational Cross Country Meet (September 2nd, 2023)
at Warner Park
Lawrence High School Results

Varsity Girls Results (46 Runners) at 9:45 am | 84°

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2022	2021	2020	
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time	
Emma Roman Nose	06:11.3	07:31.8	13:43.1	08:01.3	21:44.4	06:59.8	15	20:01.3	xxxxxxxxxx	SB	21:13.7	21:21.7		
Andie Garrett	06:16.4	07:38.4	13:54.8	08:04.3	21:59.1	07:04.6	17	22:33.6	xxxxxxxxxx	PR/SB	22:33.6			**
Isabel Klish	06:38.9	08:58.6	15:37.5	09:07.9	24:45.4	07:58.1	41	22:44.0	xxxxxxxxxx	SB				
Cyrenity Hardy-Billy	06:35.8	08:43.3	15:19.1	09:30.5	24:49.6	07:59.5	43	21:07.8	xxxxxxxxxx	SB	22:48.1	22:57.2		
Nyasia Ramos	07:12.2	09:21.7	16:33.9	10:35.5	27:09.4	08:44.5	46	24:41.7	xxxxxxxxxx	SB				
1 - Personal Record Time		* = 4 Km Time		24:05.6		= 1 - 5 team average				21:39.6		21:21.2		
4 - Season Best Time		** = improved over 2022 time		05:25.0		= 1 - 5 separation								

7th place with 146 points ('22 = 1st place with 56 points, '21 = 4th place with 108 points, '19 = 5th place with 105 points, '18 = 3rd place with 123 points, '17 = 6th place with 145 points, '16 = 6th place with 125 points, '15 = 6th place with 155 points, '14 = 9th place with 185 points, '13 = 4th place with 117 points, '12 = 1st place with 51 points, '11 = 5th place with 134 points, '10 = 7th place with 154 points, '09 = 5th place with 100 points, '08 = 5th place with 138 points, '07 = 4th place with 109 points, & '06 = 4th place with 75 points)

Varsity Girls

Place	Team	Score
1	Manhattan	61
2	Junction City	74
3	Emporia	77
4	Topeka Seaman	88
5	Olathe Northwest	100
6	Wamego	120
7	Lawrence	146
xx	Topeka West	inc.
xx	Valley Center	inc.

Junior Varsity Girls

Place	Team	Score
1	Manhattan	34
2	Olathe Northwest	74
3	Junction City	94
4	Emporia	96
5	Valley Center	125
6	Lawrence	139
7	Topeka Seaman	155
xx	Topeka West	inc.
xx	Wamego	inc.
xx	Flint Hills Christian	inc.
xx	Topeka Highland Park	inc.

Manhattan Invitational Cross Country Meet (September 2nd, 2023)
 at Warner Park
 Lawrence High School Results

Junior Varsity/C Team Girls Results (78 Runners) at 8:45 am | 76°

														5k	
4 Km	Mile 1	2nd	Mile 2	.5 mi	Finish	Average		PR	SB		2022	2021	2020	Projected	
Name	Time	Split	Time	Split	Time	Time/mi	Place	5k Time	5k Time	PR/SB	Time	Time	Time	Time	
Juliet Outka	07:00.3	08:06.5	15:06.8	03:34.7	18:41.5	07:31.2	8	24:00.6	xxxxxxxxxx		*19:31.8			23:21.9	**
Kylee Chee	07:02.1	08:36.2	15:38.3	04:22.2	20:00.5	08:03.0	31	xxxxxxxxxx	xxxxxxxxxx					25:00.6	
Hayley Swart	07:21.8	08:51.4	16:13.2	04:13.3	20:26.5	08:13.5	37	xxxxxxxxxx	xxxxxxxxxx					25:33.1	
Sara Bointy	07:12.2	08:58.7	16:10.9	04:18.7	20:29.6	08:14.7	38	24:27.2	xxxxxxxxxx		*22:53.2			25:37.0	**
Magdalene Ortiz	07:23.4	09:45.8	17:09.2	04:32.2	21:41.4	08:43.6	46	25:42.4	xxxxxxxxxx		*22:34.0			27:06.8	**
Adelaide Chaney	07:37.9	10:07.0	17:44.9	04:33.4	22:18.3	08:58.4	52	xxxxxxxxxx	xxxxxxxxxx					27:52.9	**
Alicia Jaimez-Padilla	07:54.3	10:01.0	17:55.3	04:37.6	22:32.9	09:04.3	57	xxxxxxxxxx	xxxxxxxxxx					28:11.1	

xx - Personal Record Time

* = 4 Km Time

xx - Season Best Time

** = improved over 2022 time

6th place with 139 points ('22 = 6th place with 170 points, '21 = 5th place with 130 points, '19 = 3rd place with 104 points, '18 = 6th place with 158 points, '17 = 10th place with 225 points, '16 = 5th place with 131 points, '15 = 6th place with 159 points, '14 = 5th place with 168 points, '13 = 7th place with 162 points, '12 = 4th place with 124 points, '11 = 3rd place with 97 points, '10 = 7th place with 157 points, '09 = 7th place with 191 points, '08 = 4th place with 131 points, '07 = 4th place with 108 points, & '06 = 5th place with 108 points)