Varsity Boys Results (74 Runners) at 10:00 am | $68^{\circ}$

| 5 Km | Mile 1 | 2nd | Mile 2 | 1.1 mi | Finish | Average |  | PR | SB |  | 2022 | 2021 | 2020 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Name | Time | Split | Time | Split | Time | Time/mi | Place | Time | Time | PR/SB | Time | Time | Time |  |
| Xavier Klish | 05:35.4 | 05:34.9 | 11:10.3 | 06:05.1 | 17:15.4 | 05:33.3 | 13 | 16:54.9 | 16:54.9 |  | 17:35.2 | 17:58.9 |  | ** |
| Oliver Schwartz | 05:38.2 | 05:33.6 | 11:11.8 | 06:04.9 | 17:16.7 | 05:33.7 | 14 | 17:09.1 | 17:09.1 |  |  |  |  |  |
| Leigham Alexander | 05:59.1 | 05:49.9 | 11:49.0 | 06:42.1 | 18:31.1 | 05:57.6 | 30 | 18:46.6 | 18:46.6 | PR/SB | 20:43.6 | 21:01.3 |  | ** |
| Conner Popp | 05:54.1 | 06:07.2 | 12:01.3 | 06:34.4 | 18:35.7 | 05:59.1 | 34 | 18:27.6 | 18:27.6 |  | 20:32.0 |  |  | ** |
| Hayden Thornton | 05:58.3 | 05:50.3 | 11:48.6 | 07:09.6 | 18:58.2 | 06:06.4 | 78 | 18:47.3 | 18:47.3 |  | 21:22.5 | 24:15.9 |  | ** |
| Brayden Rowland | 05:55.4 | 06:06.9 | 12:02.3 | 06:56.0 | 18:58.3 | 06:06.4 | 79 | 19:11.6 | 19:11.6 | PR/SB |  |  |  |  |
| Francis Alexander | 05:55.7 | 05:58.9 | 11:54.6 | 07:11.0 | 19:05.6 | 06:08.7 | 88 | 18:35.4 | 18:35.4 |  | 19:51.3 | 21:04.4 |  | ** |
| 2 - Personal Record Time ** $=$ improved over 2022 time <br> 0 - Season Best Time | ** = improved over 2022 time |  |  |  | 18:07.4 = 1-5 team average |  |  |  |  |  | 19:23.5 | 18:02.9 | 19:15.5 | ** |
|  |  |  |  |  | 01:42.8 | = $1-5$ separation |  |  |  |  | 02:56.8 | 02:13.3 | 01:12.2 | ** |

4th place with 117 points (' $22=10$ th place with 274 points, ' $21=8$ th place with 211 points, $\mathbf{~} 20=9$ th place with 221 points, $19=10$ th place with 229 points, $18=10$ th place with 270 points,
$' 17=6$ th place with 132 points, ' $16=5$ th place with 140 points, ' $15=7$ th place with 195 points, \& ' $14=8$ th place with 211 points)
Varsity Boys

| Score | Team | Points |
| :---: | :--- | :---: |
| $\mathbf{1}$ | Free State | 31 |
| $\mathbf{2}$ | SM North | 42 |
| $\mathbf{3}$ | SM West | 104 |
| $\mathbf{4}$ | Lawrence | $\mathbf{1 1 7}$ |
| $\mathbf{5}$ | Shawnee Heights | 151 |
| $\mathbf{6}$ | Baldwin | 159 |
| $\mathbf{7}$ | Blue Valley North | 165 |
| $\mathbf{8}$ | Topeka High | 217 |
| $\mathbf{9}$ | SM East | 232 |
| $\mathbf{x x}$ | Emporia | (inc.) |

Junior Varsity Boys

| Score | Team | Points |
| :---: | :--- | :---: |
| $\mathbf{1}$ | Free State | 17 |
| $\mathbf{2}$ | Lawrence | $\mathbf{6 1}$ |
| $\mathbf{3}$ | Shawnee Heights | 100 |
| $\mathbf{4}$ | SM North | 102 |
| $\mathbf{5}$ | SM West | 116 |
| $\mathbf{6}$ | Emporia | 162 |
| $\mathbf{7}$ | SM East | 181 |
| $\mathbf{8}$ | Blue Valley North | 203 |

C Team Boys

| Score | Team | Points |
| :---: | :--- | :---: |
| $\mathbf{1}$ | Free State | 21 |
| $\mathbf{2}$ | St. Thomas Aquinas | 45 |
| $\mathbf{3}$ | Baldwin | 80 |
| $\mathbf{4}$ | Lawrence | $\mathbf{1 2 5}$ |
| $\mathbf{5}$ | SM North | 157 |
| $\mathbf{6}$ | SM East | 169 |
| $\mathbf{7}$ | SM West | 190 |
| $\mathbf{8}$ | Blue Valley North | 214 |
| $\mathbf{9}$ | Topeka High | 232 |
| $\mathbf{x x}$ | Highland Park | (inc.) |

Junior Varsity Boys Results (56 Runners) at 11:00 am | 71 ${ }^{\circ}$

| 5 Km | Mile 1 | 2nd | Mile 2 | 1.1 mi | Finish | Average |  | PR | SB |  | 2022 | 2021 | 2020 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Name | Time | Split | Time | Split | Time | Time/mi | Place | Time | Time | PR/SB | Time | Time | Time |  |
| Tyler Urban | 06:12.3 | 06:29.5 | 12:41.8 | 06:46.0 | 19:27.8 | 06:15.9 | 9 | 19:27.7 | 19:27.7 |  |  |  |  |  |
| River Cunningham | 06:08.7 | 06:31.0 | 12:39.7 | 06:54.4 | 19:34.1 | 06:17.9 | 10 | 19:40.0 | 19:40.0 | PR/SB |  |  |  |  |
| Paul Radley | 06:09.6 | 06:31.3 | 12:40.9 | 07:05.5 | 19:46.4 | 06:21.9 | 12 | 19:32.7 | 19:32.7 |  | 23:45.5 |  |  | ** |
| Freya Girard | 06:13.2 | 06:45.0 | 12:58.2 | 07:01.3 | 19:59.5 | 06:26.1 | 13 | 20:19.7 | 20:21.9 | PR/SB | 21:57.2 |  |  | * |
| Jake Oldfather | 06:13.1 | 06:35.1 | 12:48.2 | 07:18.2 | 20:06.4 | 06:28.3 | 17 | 19:54.0 | 19:54.0 |  | 22:03.3 |  |  | ** |

2 - Personal Record Time
** = improved over 2022 time
0 - Season Best Time

2nd place with 61 points (' $22=11$ th place with 334 points, $21=6$ th place with 172 points, $20=9$ th place with 247 points, $19=9$ th place with 237 points, $18=10$ th place with 230 points, ' 17 = 6th place with 154 points, ' 16 = 6th place with 149 points, ' $15=8$ th place with 175 points, \& ' $14=9$ th place with 281 points)

C Team Boys Results (103 Runners) at 9:00 am | 65 ${ }^{\circ}$

| 5 Km | Mile 1 | 2nd | Mile 2 | 1.1 mi | Finish | Average |  | 5k PR | 5k SB |  | 2022 | 2021 | 2020 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Name | Time | Split | Time | Split | Time | Time/mi | Place | Time | Time | PR/SB | Time | Time | Time |  |
| Lawson Donly | 06:02.4 | 06:30.4 | 12:32.8 | 06:57.5 | 19:30.3 | 06:16.7 | 6 | xxxxxaxxx |  | PR/SB |  |  |  |  |
| Tristan Allen | 07:02.6 | 06:58.8 | 14:01.4 | 07:41.9 | 21:43.3 | 06:59.5 | 34 | x $x \times x \times x \times x \times x$ |  | PR/SB |  |  |  |  |
| Lucas Crow Eagle | 06:54.4 | 07:26.5 | 14:20.9 | 07:38.4 | 21:59.3 | 07:04.6 | 39 | x $x \times x \times x \times x \times x$ |  | PR/SB |  |  |  |  |
| Ky Smith | 06:52.2 | 07:39.5 | 14:31.7 | 07:56.9 | 22:28.6 | 07:14.1 | 44 | 25:12.4 | $\underline{x x x x x x x x x}$ | PR/SB | 27:50.7 |  |  | ** |
| Desi Hart | 06:57.8 | 07:47.9 | 14:45.7 | 08:34.3 | 23:20.0 | 07:30.6 | 62 | xxxxxxxxxx |  | PR/SB |  |  |  |  |
| Logan Miescher-Lerner | 07:56.7 | 08:14.1 | 16:10.8 | 08:40.2 | 24:51.0 | 07:59.9 | 78 | x $x \times x \times x x x x x$ | x $x \times x x x x x x x$ | PR/SB |  |  |  |  |
| Torin Yung | 08:18.6 | 08:23.9 | 16:42.5 | 08:12.7 | 24:55.2 | 08:01.3 | 81 |  |  | PR/SB |  |  |  |  |
| Payton Goodman Thunder | 09:01.0 | 10:47.6 | 19:48.6 | 12:22.7 | 32:11.3 | 10:21.6 | 101 | xxxxxxxxxx | x $x \times x x x x x x x$ | PR/SB |  |  |  |  |

8 - Personal Record Time
** $=$ improved over 2022 time
0 - Season Best Time

4th place with 125 points (' $22=8$ th place with 155 points, ' $21=9$ th place with 253 points, ' $20=$ No Team, ' $19=11$ th place with 297 points, ' $18=8$ th place with 219 points,
' 17 = 7th place with 185 points, ' 16 = 5th place with 147 points, ' 15 = 7th place with 233 points, \& ' 14 = 9th place with 289 points)

