

**Emporia Invitational (September 9th, 2023)  
at Jones Park  
Lawrence High School Results**

Varsity Boys Results (114 Runners) at 10:40 am | 77°

												O-North			
5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2022	2021	2020		
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time		
Xavier Klish	05:36.1	05:19.1	10:55.2	05:59.7	<b>16:54.9</b>	05:26.7	<b>24</b>	17:02.7	17:20.7	<b>PR/SB</b>	17:02.7	17:40.0		**	
Oliver Schwartz	05:36.7	05:24.7	11:01.4	06:07.7	<b>17:09.1</b>	05:31.2	<b>32</b>	17:23.4	17:23.4	<b>PR/SB</b>					
Conner Popp	05:44.2	05:56.6	11:40.8	06:46.8	<b>18:27.6</b>	05:56.5	<b>71</b>	19:23.2	19:32.6	<b>PR/SB</b>	19:49.7			**	
Francis Alexander	05:49.2	05:51.5	11:40.7	06:54.7	<b>18:35.4</b>	05:59.0	<b>77</b>	18:40.2	19:02.2	<b>PR/SB</b>	18:42.0	20:24.1		**	
Leigham Alexander	05:48.2	06:04.9	11:53.1	06:53.5	<b>18:46.6</b>	06:02.6	<b>83</b>	19:06.4	19:24.7	<b>PR/SB</b>	19:06.4	20:25.1		**	
Brayden Rowland	05:49.7	06:07.8	11:57.5	07:14.1	<b>19:11.6</b>	06:10.7	<b>94</b>	19:45.2	19:45.2	<b>PR/SB</b>					
Danny Phalen	05:58.1	06:07.7	12:05.8	07:16.8	<b>19:22.6</b>	06:14.2	<b>100</b>	19:16.4	19:57.2	<b>SB</b>	*16:09.6	21:48.0	21:26.4	**	
6 - Personal Record Time					* = 4k Time			17:58.7 = 1 - 5 team average				18:47.1	17:24.2	20:18.1	
1 - Season Best Time					** = improved over 2022 time			01:51.7 = 1 - 5 separation				02:47.0	02:16.9	04:45.4	

11th place with 276 points ('22 = 12th place with 293 points, '21 = 20th place with 455 points\*, '20 = 8th place with 205 points, '19 = 7th place with 181 points, '18 = 9th place with 217 points, '17 = 14th place with 389 points, '16 = 6th place with 161 points, '15 = 5th place with 156 points, '14 = 7th place with 174 points, '13 = 8th place with 202 points, '12 = 10th place with 248 points, '11 = 1st place with 31 points, '10 = 1st place with 67 points, 09 = 1st place with 51 points, '08 = 2nd place with 101 points, '07 = 4th place with 98 points, & '06 = 4th place with 174 points)

**Varsity Boys**

Score	Team	Points
1	Bishop Carroll	54
2	Manhattan	72
3	Kapaun Mt. Carmel	90
4	Spring Hill	147
5	Junction City	152
6	Maize	152
7	Wichita Northwest	226
8	Wichita East	229
9	Basehor-Linwood	236
10	Haysville-Campus	271
11	<b>Lawrence</b>	<b>276</b>
12	Eisenhower	284
13	Andover	303
14	Andover Central	320
15	Derby	343
16	Anderson County	495
17	Hutchinson	497
xx	Emporia	(inc.)

**Junior Varsity Boys**

Score	Team	Points
1	Bishop Carroll	26
2	Manhattan	49
3	Free State	81
4	Junction City	133
5	Kapaun Mt. Carmel	156
6	Eisenhower	156
7	Basehor-Linwood	200
8	Andover	220
9	Spring Hill	276
10	<b>Lawrence</b>	<b>279</b>
11	Wichita Northwest	367
12	Wichita East	387
13	Derby	388
14	Emporia	395
15	Haysville-Campus	418
16	Anderson County	482
xx	Andover Central	(inc.)
xx	Maize	(inc.)
xx	Wichita Defenders HS	(inc.)
xx	Hutchinson	(inc.)

**C Team Boys**

Score	Team	Points
1	Bishop Carroll	21
2	Free State	59
3	Junction City	62
4	Manhattan	119
5	<b>Lawrence</b>	<b>139</b>
6	Emporia	143
xx	Maize	(inc.)
xx	Kapaun Mt. Carmel	(inc.)
xx	Hutchinson	(inc.)
xx	Wichita East	(inc.)

Emporia Invitational (September 9th, 2023)  
at Jones Park  
Lawrence High School Results

Junior Varsity Boys Results (206 Runners) at 9:40 am | 74°

											O-North		
5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2022	2021	2020
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time
Hayden Thronton	06:09.2	06:07.1	12:16.3	06:31.0	<b>18:47.3</b>	06:02.8	<b>38</b>	19:34.4	20:25.0	PR/SB			
Tyler Urban	06:19.4	06:25.9	12:45.3	06:42.4	<b>19:27.7</b>	06:15.8	<b>71</b>	20:16.7	20:16.7	PR/SB			
Paul Radley	06:12.3	06:27.9	12:40.2	06:52.5	<b>19:32.7</b>	06:17.5	<b>75</b>	20:25.6	20:25.6	PR/SB	*17:29.3		**
River Cunningham	06:12.8	06:32.6	12:45.4	06:54.6	<b>19:40.0</b>	06:19.8	<b>79</b>	20:48.4	20:48.4	PR/SB			
Jake Oldfather	06:26.5	06:38.9	13:05.4	06:48.6	<b>19:54.0</b>	06:24.3	<b>86</b>	20:49.9	20:49.9	PR/SB	20:53.5		**
Isaac Outka	06:20.3	07:02.3	13:22.6	06:54.9	<b>20:17.5</b>	06:31.9	<b>96</b>	19:48.6	20:57.8	SB	20:19.4	19:48.6	**
Freya Girard	06:26.8	06:48.7	13:15.5	07:06.4	<b>20:21.9</b>	06:33.3	<b>100</b>	20:19.7	20:54.1	SB	*16:25.7	22:33.9	**

5 - Personal Record Time

\* = 4k Time

2 - Season Best Time

\*\* = improved over 2020 time

10th place with 279 points ( '22 = 10th place with 300 points, '21 = 17th place with 464 points\*, '20 = 7th place with 204 points, '19 = 6th place with 152 points, '18 = 5th place with 128 points, '17 = 17th place with 453 points, '16 = 10th place with 251 points, '15 = 5th place with 159 points, '14 = 10th place with 310 points, '13 = 8th place with 248 points, '12 = 7th place with 235 points, '10 = 10th place with 274 points, '09 = 1st place with 38 points, '07 = 4th place with 133 points, & '06 = 4th place with 114 points)

C Team Boys Results (77 Runners) at 11:10 am | 79°

											O-North		5k	
4 Km	Mile 1	2nd	Mile 2	0.5	Finish	Average		5k PR	5k SB		2022	2021	2020	Projected
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time	Time
Lawson Donly	06:08.2	06:48.1	12:56.3	03:28.4	<b>16:24.7</b>	06:36.2	<b>6</b>	xxxxxxxx	xxxxxxxx					20:30.9
Ky Smith	07:08.3	07:36.6	14:44.9	03:37.3	<b>18:22.2</b>	07:23.5	<b>38</b>	25:12.4	xxxxxxxx		*20:29.9			22:57.8
Tristan Allen	06:29.2	07:43.4	14:12.6	04:21.1	<b>18:33.7</b>	07:28.1	<b>46</b>	xxxxxxxx	xxxxxxxx					23:12.1
Lucas Crow Eagle	07:21.4	08:00.9	15:22.3	03:54.3	<b>19:16.6</b>	07:45.3	<b>54</b>	xxxxxxxx	xxxxxxxx					24:05.8
Logan Miescher-Lerner	07:12.6	08:04.8	15:17.4	04:04.7	<b>19:22.1</b>	07:47.6	<b>55</b>	xxxxxxxx	xxxxxxxx					24:12.6
Desi Hart	07:40.3	07:58.6	15:38.9	04:14.9	<b>19:53.8</b>	08:00.3	<b>63</b>	xxxxxxxx	xxxxxxxx					24:52.3
Brendan Symons	07:06.8	09:06.3	16:13.1	04:31.9	<b>20:45.0</b>	08:20.9	<b>66</b>	xxxxxxxx	xxxxxxxx					25:56.3
Payton Goodman Thunder	07:58.7	08:49.4	16:48.1	04:26.4	<b>21:14.5</b>	08:32.8	<b>69</b>	xxxxxxxx	xxxxxxxx					26:33.1
Torin Yung	08:05.3	09:23.1	17:28.4	04:09.1	<b>21:37.5</b>	08:42.0	<b>70</b>	xxxxxxxx	xxxxxxxx					27:01.9

x - Personal Record Time

\* = 4k Time

x - Season Best Time

\*\* = improved over 2020 time

5th place with 139 points ('22 = 2nd place with 72 points, '21 = 10th place with 308 points\*, '19 = 3rd place with 74 points, '18 = 3rd place with 65 points, '17 = 5th place with 114 points, '16 = 1st with 42 points '15 = 6th place with 154 points, '13 = 6th place with 134 points, '12 = 7th place with 202 points, '11 = 3rd place with 52 points, '10 = 10th place with 274 points, '08 = 1st place with 38 points, '07 = 4th place with 133 points, & '06 = 5th place with 122 points)