

Emporia Invitational Cross Country Meet (Sept. 14)
at Jones Park
Lawrence High School Results

Varsity Girls Results (72 Runners) at 10:10 am | 73°

| 5 Km | Mile 1 | 2nd | Mile 2 | 1.1 mi | Finish | Average | | PR | SB | | 2018 | 2017 | 2016 | |
|----------------|---------|---------|---------|---------|----------------|---------|-----------|---------|---------|-------|---------|---------|------|----|
| Name | Time | Split | Time | Split | Time | Time/mi | Place | Time | Time | PR/SB | Time | Time | Time | |
| Diana Messick | 06:17.3 | 07:16.9 | 13:34.2 | 07:37.8 | 21:12.0 | 06:49.4 | 8 | 21:41.8 | 21:42.7 | PR/SB | | | | |
| Lucy Hardy | 06:17.8 | 07:21.4 | 13:39.2 | 08:01.2 | 21:40.4 | 06:58.6 | 10 | 22:22.2 | 22:22.2 | PR/SB | | | | |
| Madison Dewitt | 06:29.3 | 07:28.0 | 13:57.3 | 08:13.7 | 22:11.0 | 07:08.4 | 21 | 22:11.8 | 22:37.1 | PR/SB | 23:40.5 | | | ** |
| Eva Ackley | 07:06.6 | 07:54.9 | 15:01.5 | 08:22.0 | 23:23.5 | 07:31.7 | 34 | 23:26.2 | 23:26.2 | PR/SB | 24:38.6 | | | ** |
| Jocelyn Wilson | 07:09.6 | 08:22.2 | 15:31.8 | 09:04.1 | 24:35.9 | 07:55.0 | 51 | 23:17.2 | 25:45.1 | SB | 24:49.6 | 25:59.6 | | ** |
| Jayden Wilson | 07:09.7 | 08:28.4 | 15:38.1 | 09:11.0 | 24:49.1 | 07:59.3 | 52 | 22:47.1 | 25:00.7 | SB | 24:10.1 | 25:21.9 | | |

4 - Personal Record Time

* = 4 Km Time

7 - Season Best Time

** = improved over 2018 time

6th place with 124 points ('18 = 6th place with 150 points, '17 = 14th place with 348 points, '16 = 5th place with 111 points, '15 = 5th place with 132 points, '14 = 7th place with 195 points, '13 = 7th place with 188 points, '12 = 8th place with 203 points, '11 = 7th place with 192 points, '10 = 8th place with 158 points, '09 = 5th place with 155 points, '07 = 4th place with 104 points, & '06 = 3rd place with 80 points)

Junior Varsity Girls Results (71 Runners) at 9:00 am | 66°

| 5 Km | Mile 1 | 2nd | Mile 2 | 1.1 mi | Finish | Average | | PR | SB | | 2018 | 2017 | 2016 | |
|----------------------|---------|---------|---------|---------|----------------|---------|-----------|---------|---------|-------|---------|------|------|----|
| Name | Time | Split | Time | Split | Time | Time/mi | Place | Time | Time | PR/SB | Time | Time | Time | |
| Natalie Kennedy | 07:05.4 | 08:22.1 | 15:27.5 | 08:41.3 | 24:08.8 | 07:46.3 | 12 | 28:46.6 | 28:46.6 | PR/SB | | | | |
| Grace Harader-Ellett | 07:11.6 | 08:15.6 | 15:27.2 | 08:41.8 | 24:09.0 | 07:46.4 | 13 | 24:03.8 | 27:31.5 | SB | 26:16.8 | | | ** |
| Maiki Martinez | 06:58.4 | 08:28.4 | 15:26.8 | 09:00.0 | 24:26.8 | 07:52.1 | 16 | 21:13.5 | NT | SB | 21:50.9 | | | |
| Layla Harjo | 07:27.4 | 08:55.9 | 16:23.3 | 09:27.0 | 25:50.3 | 08:19.0 | 29 | 30:31.5 | 30:31.5 | PR/SB | | | | |
| Evelyn Serbet | 07:41.0 | 08:50.0 | 16:31.0 | 09:31.9 | 26:02.9 | 08:23.0 | 36 | 28:18.6 | 28:53.0 | PR/SB | 28:32.8 | | | ** |
| Joanne Bachmann | 07:51.3 | 10:51.1 | 18:42.4 | 11:13.8 | 29:56.2 | 09:38.1 | 66 | 31:04.3 | 31:04.3 | PR/SB | | | | |

4 - Personal Record Time

* = 4 Km Time

6 - Season Best Time

** = improved over 2018 time

2nd place with 87 points ('18 = 7th place with 201 points, '17 = 8th place with 243 points, '16 = 8th place with 202 points, '15 = 7th place with 199 points, '14 = 9th place with 275 points, '13 = 9th place with 280 points, '12 = 8th place with 256 points, '11 = No place with No points, '10 = 11th place with 309 points, '09 = 8th place with 204 points, '08 = 2nd place with 57 points, '07 = 2nd place with 57 points, & '06 = 4th place with 118 points)

Emporia Invitational Cross Country Meet (Sept. 14)
at Jones Park
Lawrence High School Results

C Team Girls Results (43 Runners) at 11:10 am | 77°

| | | | | | | | | | | | | | | 5k |
|-----------------|---------------|--------------|---------------|--------------|----------------|----------------|--------------|----------------|----------------|--------------|-------------|-------------|-------------|------------------|
| 4 Km | Mile 1 | 2nd | Mile 2 | .5 mi | Finish | Average | | PR | SB | | 2018 | 2017 | 2016 | Projected |
| Name | Time | Split | Time | Split | Time | Time/mi | Place | 5k Time | 5k Time | PR/SB | Time | Time | Time | Time |
| Laura Horkayova | 08:50.2 | 10:17.8 | 19:08.0 | 04:44.0 | 23:52.0 | 09:36.1 | 24 | 31:02.2 | 31:02.2 | | | | | 30:13.8 |
| Ashlyn Schwarz | 08:40.3 | 10:26.5 | 19:06.8 | 05:22.4 | 24:29.2 | 09:51.1 | 27 | 28:23.4 | 35:50.1 | | 31:04.9 | | | 31:01.2 |
| Mckenna White | 09:12.8 | 11:09.2 | 20:22.0 | 05:43.2 | 26:05.2 | 10:29.7 | 37 | 27:56.4 | 38:11.3 | | 24:17.9* | 25:08.3* | 25:19.9* | 33:02.4 |
| Ella Trendel | 08:55.1 | 12:10.6 | 21:05.7 | 05:18.2 | 26:23.9 | 10:37.3 | 38 | 38:03.8 | 38:03.8 | | | | | 33:25.8 |

xx - Personal Record Time

* = 4 Km Time

xx - Season Best Time

** = improved over 2018 time

No place with No points ('18 = No place with No point, '17 = 7th place with 188 points, '16 = 5th place with 105 points, '15 = 4th place with 109 points,

'14 = No place with No points, '13 = 6th place with 134 points, '12 = 7th place with 202 points, '11 = 3rd place with 52 points, '10 = 10th place with 274 points,

'09 = 1st place with 38 points, '07 = 4th place with 133 points, & '06 = 5th place with 122 points)

Varsity Girls

| Score | Team | Points |
|-----------|--------------------|------------|
| 1 | Manhattan | 38 |
| 2 | Maize | 107 |
| 3 | Kapaun-Mt. Caramel | 108 |
| 4 | Emporia | 109 |
| 5 | Wichita East | 121 |
| 6 | Lawrence | 124 |
| 7 | Andover | 147 |
| 8 | Basehor-Linwood | 195 |
| 9 | Haysville-Campus | 196 |
| 10 | Anderson County | 242 |
| 11 | Andover Central | 288 |

Junior Varsity Girls

| Score | Team | Points |
|-----------|---------------------|-----------|
| 1 | Manhattan | 15 |
| 2 | Lawrence | 87 |
| 3 | Maize | 96 |
| 4 | Andover Central | 98 |
| 5 | Lawrence-Free State | 125 |
| 6 | Andover | 145 |
| 7 | Junction City | 162 |
| 8 | Basehor-Linwood | 200 |
| xx | Emporia | inc. |
| xx | Anderson County | inc. |
| xx | Wichita East | inc. |
| xx | Haysville-Campus | inc. |

C Team Girls

| Score | Team | Points |
|-----------|---------------------|-------------|
| 1 | Manhattan | 23 |
| 2 | Lawrence-Free State | 54 |
| 3 | Kapaun-Mt. Caramel | 63 |
| xx | Junction City | inc. |
| xx | Lawrence | inc. |
| xx | Maize | inc. |
| xx | Wichita East | inc. |
| xx | Haysville-Campus | inc. |