

Sunflower League Championships (October 15th, 2016)

at Rim Rock Farm

Lawrence High School Results

Varsity Girls Results (93 Runners) at 9:00 am

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2015	2014
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time
Anna DeWitt	06:07.1	06:42.2	12:49.3	07:53.3	20:42.6	06:40.0	21	20:39.6	20:39.6		21:42.8	
Morgan Jones	06:12.5	06:44.4	12:56.9	08:37.0	21:33.9	06:56.5	39	20:06.8	20:54.7		20:29.8	
Kiikto Thomas	06:33.8	07:13.3	13:47.1	08:42.6	22:29.7	07:14.4	63	21:19.5	21:19.5			
Leslie Ostronic	06:36.5	07:24.8	14:01.3	08:55.0	22:56.3	07:23.0	75	21:31.5	21:31.5			
Olivia Lemus	06:52.1	07:19.7	14:11.8	08:45.5	22:57.3	07:23.3	76	22:45.8	22:45.8		23:11.2	
Layne Prescott	06:50.8	07:36.5	14:27.3	09:06.4	23:33.7	07:35.0	87	22:49.4	22:57.2		23:09.6	
Mikayla Herschell	06:51.2	07:38.0	14:29.2	09:06.2	23:35.4	07:35.6	88	22:20.7	23:39.2		22:20.7	19:40.6*
Eleanor Matheis	06:56.1	07:44.4	14:40.5	09:24.8	24:05.3	07:45.2	90	23:22.9	23:52.9		23:42.7	19:43.2*
Julia Bericat	07:20.3	08:21.9	15:42.2	09:58.2	25:40.4	08:15.8	93	24:31.8	24:31.8			
Tamo Thomas	07:24.7	09:42.5	17:07.2		DNF			24:57.3	24:57.3			

0 - Personal Record Time

0 - Season Best Time

10th place with 266 points ('15 = 11th place with 300 points, '14 = 12th place with 375 points, '13 = 12th place with 340 points, '12 = 6th place with 133 points, '11 = 8th place with 178 points, '10 = 6th place with 171 points, '09 = 7th place with 157 points, '08 = 11th place with 295 points, '07 = 8th place with 169 points, & '06 = 2nd place with 86 points)

Junior Varsity Girls Results (65 Runners) at 10:00 am

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2015	2014
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time
Katie Ahern	07:09.3	07:58.5	15:07.8	09:44.9	24:52.7	08:00.5	45	22:54.0	24:00.8			
Lacey Greenfield	06:59.7	07:38.8	14:38.5	10:38.5	25:17.0	08:08.3	53	22:42.8	23:08.3		23:48.8	19:58.1*
Lana Chieu	07:36.2	08:38.1	16:14.3	09:29.9	25:44.2	08:17.0	57	26:18.4	26:18.4	PR/SB		
Halle Maret	07:42.3	08:32.3	16:14.6	09:45.5	26:00.1	08:22.1	60	26:42.1	26:42.1	PR/SB		
Leah Maret	07:48.7	08:25.1	16:13.8	09:50.0	26:03.8	08:23.3	61	25:26.1	25:26.1		26:27.7	
Amanda Stinnett	07:22.9	08:50.3	16:13.2	09:53.3	26:06.5	08:24.2	62	26:22.6	26:22.6	PR/SB		
Kim Myers	07:49.2	08:19.7	16:08.9	09:59.6	26:08.5	08:24.9	63	25:53.7	25:53.7		25:55.1	
Victoria Robinson	07:26.4	08:39.9	16:06.3	10:13.1	26:19.4	08:28.4	65	26:15.8	26:15.8			

3 - Personal Record Time

3 - Season Best Time

7th place with 195 points ('15 = 10th place with 247 points, '14 = 8th place with 232 points, '13 = 9th place with 276 points, '12 = 5th place with 145 points, '11 = 7th place with 213 points, '10 = 7th place with 187 points, '09 = 8th place with 270 points, '08 = 8th place with 190 points, '07 = 2nd place with 62 points, & '06 = 3rd place with 78 points)

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C Team Girls Results (40 Runners) at 11:00 am

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2015	2014
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time
April Hodges	08:00.2	09:16.3	17:16.5	10:22.5	27:39.0	08:54.0	46	28:56.7	28:56.7	PR/SB		23:00.7*
Meredith Von Feldt	08:21.3	09:03.5	17:24.8	11:02.8	28:27.6	09:09.6	59	27:43.8	27:43.8		26:22.7	
E'Lease Stafford	08:18.8	10:13.4	18:32.2	10:50.2	29:22.4	09:27.3	69	29:00.3	29:00.3			
Madison McKinney	08:42.4	10:31.5	19:13.9	12:31.1	31:45.0	10:13.2	87	31:45.4	31:45.4	PR/SB		
AJ Holder	08:40.2	10:58.1	19:38.3	12:55.0	32:33.3	10:28.7	91	31:03.6	31:03.6		32:46.0	
McKenna White	08:55.3	11:12.8	20:08.1	12:34.9	32:43.0	10:31.8	92	32:18.6	32:18.6			
Renea McNemea	09:34.0	10:46.5	20:20.5	12:28.0	32:48.5	10:33.6	93	32:21.2	32:21.2			

2 - Personal Record Time

2 - Season Best Time

11th place with 273 points ('15 = No Score, '14 = No Score, '13 = No Score, '12 = 6th place with 200 points, '11 = 7th place with 238 points, '10 = 9th place with 262 points, '09 = No Score, '08 = 7th place with 201 points, '07 = 3rd place with 84 points, & '06 = 6th place with 161 points)

Varsity Girl's


Score	Team	Points
1	Free State	50
2	SM Northwest	61
3	Olathe North	91
4	SM North	99
5	SM East	138
6	SM West	164
7	Olathe East	169
8	SM South	186
9	Olathe Northwest	193
10	Lawrence	266
11	Leavenworth	283
12	Olathe South	353

Junior Varsity Girl's

Score	Team	Points
1	Free State	38
2	Olathe East	45
3	Olathe North	52
4	Olathe South	113
5	SM East	121
6	Leavenworth	159
7	Lawrence	195

C Team Girl's

Score	Team	Points
1	Free State	22
2	SM South	72
3	Olathe East	90
4	Olathe North	109
5	Olathe South	169
6	SM Northwest	181
7	SM North	184
8	SM East	186
9	Olathe Northwest	233
10	Leavenworth	245
11	Lawrence	273

 = Regional Teams