

Sunflower League Championships (October 13th, 2017)
at Rim Rock Farm
Lawrence High School Results

Varsity Boys Results (111 Runners) at 10:35 am

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2016	2015	2014
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time
Carson Jumping Eagle	05:28.5	05:44.7	11:13.2	06:24.6	17:37.8	05:40.5	27	17:20.7	17:28.1		17:35.5	17:47.7	18:57.8
Ruben Little Head	05:18.1	06:03.7	11:21.8	06:48.6	18:10.4	05:51.0	54	17:36.5	17:36.5				
Bryce Hadl	05:44.3	06:00.9	11:45.2	07:02.9	18:48.1	06:03.1	74	18:09.6	18:23.6		18:35.2	19:12.6	21:21.2
Cole Shupert	05:34.2	06:09.6	11:43.8	07:10.1	18:53.9	06:05.0	76	17:56.6	17:56.6		18:40.4	18:58.6	
Keifer Smith	05:38.2	06:19.6	11:57.8	07:17.6	19:15.4	06:11.9	90	18:49.3	18:49.3		19:43.2	21:11.9	20:53.1
Calvin DeWitt	05:43.1	06:20.8	12:03.9	07:17.0	19:20.9	06:13.7	91	18:08.6	19:07.8		19:29.4	18:25.8	22:20.7
Buster White	05:46.2	06:36.3	12:22.5	07:18.8	19:41.3	06:20.2	97	18:28.8	18:44.9		18:59.1	19:08.2	
Elijah Eklund	05:51.7	06:31.5	12:23.2	07:19.8	19:43.0	06:20.8	99	19:42.8	19:42.8				
Daniel Davidson	05:51.2	06:30.9	12:22.1	07:26.1	19:48.2	06:22.4	101	19:35.6	19:35.6		20:45.6		
Avery Harrington	05:50.9	06:32.0	12:22.9	07:32.2	19:55.1	06:24.7	104	19:22.8	19:22.8				

0 - Personal Record Time

0 - Season Best Time

12th place with 302 points ('16 = 11th place with 275 points, '15 = 12th place with 313 points, '14 = 11th place with 254 points, '13 = 9th place with 236 points, '12 = 10th place with 253 points, '11 = 3rd place with 88 points, '10 = 3rd place with 98 points, '09 = 1st place with 50 points, '08 = 2nd place with 56 points, '07 = 5th place with 146 points, & '06 = 4th place with 112 points)

*"Progress is rarely a straight line. There are always
bumps in the road, but you can make the choice to keep looking forward."*

- Kara Goucher

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Lawrence High School Results

Junior Varsity Boys Results (126 Runners) at 11:40 am

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2016	2015	2014
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time
Aaron Reed	06:07.6	07:03.7	13:11.3	07:13.3	20:24.6	06:34.2	63	19:40.9	19:40.9		20:47.4	21:31.4	
Malachi Barron	06:19.5	07:17.6	13:37.1	07:01.9	20:39.0	06:38.8	73	20:14.8	20:14.8				
Chase Reed	06:24.4	07:00.3	13:24.7	07:32.4	20:57.1	06:44.6	81	21:14.1	21:14.1	PR/SB			
Jordan Schoepf	06:01.4	07:16.8	13:18.2	08:03.1	21:21.3	06:52.4	93	20:05.1	20:05.1		21:11.8		22:01.1
Jack Morse	06:24.6	06:51.2	13:15.8	08:30.2	21:46.0	07:00.4	104	21:09.2	21:09.2				
Sebastian Lepage	06:04.9	07:30.4	13:35.3	08:28.4	22:03.7	07:06.1	110	18:52.0	19:55.3		18:55.1	19:31.5	
Connor Bewley	06:19.3	07:33.1	13:52.4	08:14.4	22:06.8	07:07.1	111	21:47.4	21:47.4		22:57.8		
Aaron Steinle	06:37.7	07:35.7	14:13.4	08:25.1	22:38.5	07:17.3	120	21:12.8	21:12.8				
Trevor Arellano	06:23.5	08:10.3	14:33.8	08:18.9	22:52.7	07:21.8	122	20:40.9	21:13.8		20:40.9		

1 - Personal Record Time

1 - Season Best Time

12th place with 348 points ('16 = 6th place with 201 points, '15 = 8th place with 189 points, '14 = 10th place with 289 points, '13 = 11th place with 302 points, '12 = 9th place with 272 points, '11 = 8th place with 229 points, '10 = 7th place with 180 points, '09 = 3rd place with 58 points, '08 = 3rd place with 70 points, '07 = 5th place with 111 points, & '06 = 4th place with 105 points)

C Team Boys Results (190 Runners) at 12:40 pm

5 Km	Mile 1	2nd	Mile 2	1.1 mi	Finish	Average		PR	SB		2016	2015	2014
Name	Time	Split	Time	Split	Time	Time/mi	Place	Time	Time	PR/SB	Time	Time	Time
Pierce Saturday	06:10.9	07:39.5	13:50.4	08:53.0	22:43.4	07:18.8	74	20:42.2	20:42.2				
Christian Spoula	06:57.3	07:30.8	14:28.1	08:17.0	22:45.1	07:19.4	76	22:18.6	23:37.1	SB	22:18.6	22:10.9	
Zach Razak	07:08.8	07:58.6	15:07.4	08:52.1	23:59.5	07:43.3	122	23:44.2	23:44.2				
Brian Camarena	07:26.3	08:30.5	15:56.8	08:55.7	24:52.5	08:00.4	139	22:55.5	22:55.5				
Dylan Bierschbach	06:57.5	08:17.0	15:14.5	09:42.2	24:56.7	08:01.7	140	23:20.7	23:20.7				
Jared Windholz	07:35.9	08:25.5	16:01.4	09:02.7	25:04.1	08:04.1	142	25:14.5	25:14.5	PR/SB			
Reese White Lightning	07:30.4	08:30.4	16:00.8	09:12.4	25:13.2	08:07.1	144	25:07.5	25:07.5				
Andrew Anderson	07:45.9	08:52.0	16:37.9	10:19.1	26:57.0	08:40.5	170	24:44.4	24:44.4				

1 - Personal Record Time

2 - Season Best Time

11th place with 321 points ('16 = 8th place with 254 points, '15 = 10th place with 305 points, '14 = 8th place with 282 points, '13 = No Score, '12 = 8th place with 270 points, '11 = 10th place with 279 points, '10 = 8th place with 271 points, '09 = No Score, '08 = 6th place with 166 points, '07 = 6th place with 170 points, & '06 = 7th place with 185 points)

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Varsity Boy's

Score	Team	Points
1	Olathe East	47
2	SM North	89
3	Olathe North	89
4	Olathe South	110
5	SM Northwest	116
6	SM East	174
7	Leavenworth	197
8	Free State	200
9	Gardner Edgerton	217
10	SM West	253
11	SM South	285
12	Lawrence	302
13	Olathe Northwest	379
14	Olathe West	380

Junior Varsity Boy's

Score	Team	Points
1	Olathe East	26
2	Olathe South	42
3	SM South	83
4	Olathe North	114
5	SM North	140
6	Free State	145
7	SM West	184
8	SM East	236
9	Gardner Edgerton	272
10	Olathe Northwest	304
11	Leavenworth	304
12	Lawrence	348
13	Olathe West	389

C Team Boy's

Score	Team	Points
1	Olathe South	23
2	Olathe East	36
3	Free State	98
4	Olathe North	144
5	SM Northwest	180
6	SM West	187
7	SM East	195
8	SM South	196
9	SM North	219
10	Olathe Northwest	285
11	Lawrence	321
12	Gardner Edgerton	353